WHAT IF I MAY HAVE CONTRACTED COVID-19?

*This document serves as an informational guide. It may not include all University Policies and guidelines. It does not serve as a medical resource.

01
Complete UEOHC’s COVID-19 Wellness Self-Check
*this will begin contact tracing

02
The University Employee Occupational Health Clinic (UEOHC) will follow-up with you.

03
If you need to be tested, you will be required to self-quarantine.

04
If you test positive, a safe recovery is priority.

05
You must be cleared by your healthcare provider before returning to work.

LET’S HELP STOP THE SPREAD OF CORONAVIRUS #STAYSTRONGNC
If you were notified that you were a "close contact," please seek medical attention immediately. Your wellness and safety is important.

What do I do if I have been exposed to COVID-19?

• Seek medical attention, resources offered by the University:
  ○ Campus Health offers services to students
  ○ For employees, the Environment, Health and Safety (EHS) and Employee Occupational Health (UEOHC) provides contact tracing and medical services

• If you need to be tested, you will need to quarantine while waiting for results
  ○ Please discuss an alternative work plan with your manager/supervisor
  ○ Your manager/supervisor will not disclose any identifying details

• If you test positive, you will need to take time off to rest and recover. You must be cleared by your healthcare provider before returning to work/campus.
How much does a COVID-19 test cost?

- If you need to be tested, please contact your insurance provider or healthcare provider for the cost(s) associated with the test.

If I need to take a leave, how will it affect my pay?

- Here is UNC’s Division of Human Resources and Equal Opportunity and Compliance policy, effective August 1, 2020
  - If an employee is unable to work due to (1) being subject to a quarantine/isolation order, (2) being advised to self-quarantine, or (3) experiencing COVID-19 symptoms, and the employee has exhausted their FFCRA leave benefits, accrued leave, and accrued paid time off (comp time, etc.). In those limited circumstances, employees who have exhausted all accrued leave will receive COVID-19 paid administrative leave at 100% of their pay, cumulative up to 160 hours through Dec. 31, 2020.

Will individuals with COVID-19 be identified?

- No. It is against the law to disclose of your health information.
- Our goal is to keep everyone informed and safe during the pandemic.
Faculty & Staff

- University Employee Occupational Health Clinic
  - Phone number: 919-966-9119

Graduate Students & Postdocs

- Campus Health, UNC–CH
  - COVID-19 Services
  - Phone number: 919-966-2281